



Meghan Cizek, MA, LCSW

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Education

- Master of Arts, Social Service Administration, 2005 The University of Chicago
- Concentrations: Social Service Administration with emphasis in Management and Community Development
- Independent Study: The Economics of Human Trafficking and Sexual Exploitation in Chicago
- Bachelor of Science, Psychology, summa cum laude, 2003 Texas Christian University

Professional Experience


Assistant Director (Research Project Director) University of Kansas Center for Public Partnerships and Research, Lawrence, KS (January 2019 – Present)

- Project manage prevention strategy, systems-change redesign, technical assistance, and evaluation of Community Based Child Abuse and Prevention with the Kansas Children’s Cabinet and Trust Fund.
- Guide strategy and coordinate Family First and Prevention Services Regional and Statewide Advisory Workgroups to support prevention systems alignment and Family First Kansas Evaluation.
- Champion statewide early childhood systems-building effort with broader cross-sector delivery system supporting families and children, including coordination, stakeholder engagement, and systems alignment with behavioral health, child welfare, and homeless services.
- Champion new projects that support growth and innovation through grant opportunities and partnership cultivation.

Manager, Strategic Engagements American Academy of Family Physicians (AAFP), Leawood, KS (2018-2019)

- Cultivated and leveraged internal and external relationships to foster mutually advantageous partnerships and value for the AAFP and AAFP Foundation.
- Advanced non-dues revenue growth through targeted opportunities in continuing medical education, research projects, population health resources and toolkits to support family physicians and to promote quality health care.



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- Led partner engagement strategies aligned with organizational strategic priorities in health equity, social determinants of health, and practice transformation.
 - Championed strategy to reimagine patient education resources to maximize benefits to patients and physicians.

Business Development & Organizational Strategy Manager Cornerstones of Care, Kansas City, MO (2016 – 2018) *(In January 2017, Gillis merged with Cornerstones of Care)*


- Cultivated business growth and secured net new revenue streams targeting social issues impacting children and families through program design and incubation, grant writing, financial modeling, and collaborative partnerships.
- Spearheaded the development of an integrated, trauma-informed health care clinic for children in foster care.
- Led city-wide partnership, KC One Roof, to increase access and expand supportive housing for child welfare-involved families.
- Designed and piloted a population health-based wellness screening and services project in elementary school settings resulting in expanded funding and programming and improved multi-system coordination of care.
- Launched organization-wide annual business planning guided by internal strategic priorities and community needs.

Vice President of Programs Cornerstones of Care/Gillis Campus, Kansas City, MO (2014 – 2016) *(In January 2017, Gillis merged with Cornerstones of Care)*

- Directed overall program development and clinical operations for residential and community-based services aimed at achieving key program outcomes with long-term positive impact on children and families.
- Oversaw foundation grants and state and local government contracts, including writing, fiscal oversight, and reporting, resulting in renewed funding for outpatient programs and new funding to support specialized residential services.
- Championed residential treatment redesign project, shifting program philosophy to community-based alternatives for children who have experienced complex trauma, resulting in 30% reduction in length of stay in institutional care.
- Responsible for developing, monitoring, and managing program budgets of \$9 million organization.

Health Planner III, Regional Health Care Initiative Mid-America Regional Council (MARC), Kansas City, MO (Grant-funded position) (2013 – 2014)

- Collaborated with local health care leaders to design solutions to address regional health care system needs focused on increasing access to care and improving the quality of health for the medically underserved and uninsured.
- Supported regional mental health system enhancements around children's behavioral health and trauma-informed care through research, technology, program design, and consensus building.

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- Executed community forum and education summit for 75 area health care leaders focused on the economic benefits of community health workers.
 - Championed oral health emergency department diversion pilot project designed to increase access to care.

Program Manager, Comprehensive Psychiatric Rehabilitation Program (CPRC) ReDiscover, Lee's Summit, MO (2010 – 2013)

- Provided clinical and administrative leadership for Comprehensive Psychiatric Rehabilitation program and all sub-programs with \$4 million annual budget supporting over 500 individuals living with a serious mental illness.
- Provided supervision and clinical oversight of 50+ staff, including team leaders, therapists, psychosocial rehab group program, health and wellness program, employment program, and medication clinic.
- Implemented Health Care Home and directly supervised care coordination of integrated health model resulting in improved outcomes in first state to implement program in behavioral health settings.
- Implemented psychiatric independent supported living housing program aimed at reducing institutionalization from hospital and group home settings to community-based settings.

Clinical Director Bethlehem Haven of Pittsburgh, Pittsburgh, PA (2008 - 2009)

- Provided leadership, direction, and overall management of clinical services for 135 residents in five housing programs on the homeless assistance continuum of care.
- Developed and streamlined programming and policies to target the needs of residents and enhance the effectiveness of service delivery utilizing best practice and strengths-based practice models.
- Completed grant applications for HUD-funded housing programs resulting in renewed funding of over \$1 million for all five programs.
- Managed data tracking and generated program outcomes for quality assurance and grant compliance.

Employment Program Manager Chicago House and Social Service Agency, Chicago, IL (2005 – 2008)

- Managed the pilot-year and continued implementation and development of a city-wide employment program for people living with HIV/AIDS. Directly supervised team of five.
- Directed efforts that led to the growth of the program, doubling the staff and tripling the program budget over a two-year period, ultimately resulting in an increased job placement rate.
- Developed and implemented internship program and coordinated the creation of a Transitional Jobs program within an innovative business/social enterprise concept (for-profit bakery).



Community Involvement

- SAVE, Inc., Program Board Committee Member (2018-2020)
- Kansas Mental Health Coalition, Executive Board Member, Treasurer (2018); Board Member (2017)
- Susan G. Komen for the Cure (Greater Kansas City Affiliate), Grants Committee Member, (2010-2012)
- Chicago Alliance Against Sexual Exploitation - Board of Directors, Chicago, IL (2006-2008). Founding Executive Board Member & Development Committee Member.

Publications

Boyd, M., Bremby, J., Cox, O, & Cizek, M. (*Principal Investigator*). (2020). Greater Kansas City Continuum of Care Needs Assessment, prepared for the Greater Kansas City Coalition to End Homelessness.

Foster, M (maiden name), Goswami, S, & Richard, W. (2005). Failing to Deliver: One Stop Employment Centers. *Chicago Coalition for the Homeless*.

